

Pilates Equipment & Mat

Monday	20:00	Mat Pilates	Esther
Tuesday	10:00	Equipment Pilates	Patricia
	14:00	Equipment Pilates	Patricia
	19:00	Equipment Pilates	Patricia
Wednesday	17:30	Equipment Pilates	Patricia
	18:30	Mat Pilates	Karina
	19:30	Mat Pilates	Esther
Thursday	17:30	Equipment Pilates	Esther
	18:30	Equipment Pilates	Esther
	19:30	Mat Pilates	Esther
Friday	09:00	Mat Pilates	Esther

**The courses take place if there are enough participants.
Registration is required for all group courses.**

Prices

price per person incl. VAT

Private Pilates, Gyrotonic®, Yoga

single session	CHF 155.-
10 sessions	CHF 1450.-

Duett Pilates, Yoga

single session	CHF 97.-
10 sessions	CHF 870.-

Pilates Group Equipment Pilates

single session group	CHF 80.-
10 sessions 4 participants	CHF 550.-
10 sessions 3 participants	CHF 750.-

Pilates Group Mat Pilates

single session	CHF 40.-
10 sessions	CHF 300.-

Online & Self-Training

upon request

Conditions

- Prices for group classes are subject to change in case of reduced number of participants.
- Each session last 55 minutes / subscription 4 month validity.
- Cancellation of all classes/sessions must be notified 24 hours prior to the booked lesson time.
- GTC Pilates Time – VAT CHE-443.170.954 (01/25)